

Kids Community Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Free Public Skate Kinsmen Arena 2pm-4pm	StrongStart Steeple School Drop-In 9am-12pm	StrongStart Steeple School Drop-In 9am-12pm	StrongStart Steeple School Drop-In (oct28-apr29) Dinner Included 4pm-7pm	StrongStart Steeple School Drop-In 9am-12pm	StrongStart Steeple School Drop-In 9am-12pm	Free Family Swim 3rd Saturday of month WFP 12pm-1pm
	StrongStart Amy Woodland School Drop-In 8:45-11:45	StrongStart Amy Woodland School Drop-In Lunch included 10am-1pm	StrongStart Amy Woodland School Drop-In 8:45am-11:45am	StrongStart Amy Woodland School Drop-In 8:45am-11:45am	StrongStart Amy Woodland School Drop-In 8:45am-11:45am	I.D.E.A.L Family Workshops 2nd Saturday of month 250-429-3332 1:30pm-4pm
	Walk & Play Start at WFP Finish at CFC 10am-12pm	Baby & Me (up to 12months) CFC 10am-12pm	Wiggle, Giggle & Grow Drop-In CFC 10am-12pm	Tumble Time Active Play St. Mary's School Drop-In (up to age 5) 9:30am-11am	Paq'mi Nuq'yuk Ktunaxa Kinbasket Child and Family Drop-In 10:30am-12:30pm	
	Breastfeeding Mamas! CFC 2nd Monday of month 1pm-3pm	Baby Clinic & Immunizations (appt required) CHU 12:40pm-3:40pm	Storytime CPL Preschool ages 3-5 11am and 1pm Family (ages 3-9) 6:30pm	Bellies to Babies Prenatal CFC Drop-In 11:30-2pm	Storytime CPL Toddler up to age 3 10am and 11am	
		Early Years Committee Meeting CFC 1st Tuesday of month 1pm-3pm	Baby Clinic & Immunizations (appt required) CHU 8:40am-11:40am	Baby Clinic & Immunizations (appt required) CHU 8:40am-11:40am	Free Public Skate Kinsmen Arena 7pm-9pm	
			Free Public Skate Kinsmen Arena 3:30pm-5pm		Key: CFC= Cranbrook Family Connections CHU=Cranbrook Health Unit CPL= Cranbrook Public Library IDEAL= Institute for Development in Education, Arts & Leisure WFP= Western Financial Place	

For more detailed program information, visit our website:



We're on Facebook - Search for Cranbrook Early Years Committee



The following programs are located at the Kootenay Child Development Centre 16-12th Ave N 250-426-7707		The following programs are located at Cranbrook Family Connections 209 16th Ave N 250-426-2976	
BC Early Years Centre Early Years Committee	778-517-5513	Bellies to Babies Pregnancy Outreach Program, prenatal classes, parenting classes	250-489-5011
Cranbrook Pediatricians	250-426-9008	Art Therapist Jasmine Lothien	250-402-3262
East Kootenay Behaviour Intervention Program	250-426-3344	Community Action Program for Children Walk & Play, Baby & Me, Wiggle Giggle & Grow, Tumble Time	250-421-8096
East Kootenay Child Care Resource & Referral	250-426-5677	Options for Sexual Health (OPT)	250-426-3995
East Kootenay Children First and Success by 6	250-426-2542	Other Important Early Years Numbers	
East Kootenay Friends of Children	250-420-1759	AXIS Family Resources 201-125 10th Ave	250-489-4074
East Kootenay Infant Development Program	250-426-2543	BC Nurse Line at Health Link BC (24/7)	811
East Kootenay Supported Child Development	250-426-4043	BCAA Car Seat Information	1-877-247-5551
Kids Connection Preschool	250-426-2289	CBAL Community Literacy StrongStart 19A 9th Ave	250-420-7596 StrongStart Army Woodland 250-426-7258 StrongStart Steeples 250-426-3052
		Cranbrook Public Library	250-426-4063
The following programs are located at the Cranbrook Health Unit #20 23rd Ave S 250-420-2221		East Kootenay Midwives	250-489-3198
Audiologist	250-420-2221	East Kootenay Regional Hospital	250-426-5281
Community Nutritionist	250-420-2200	Interior Health Childrens Assessment Network	250-417-2534
Dental Hygiene	250-420-2232	Leisure Services (Western Financial Place)	250-489-0220
Public Health Nursing	250-420-2207	Ministry of Children and Family Development	1-800-663-7867
Speech-Language Pathologist	250-420-2224	Over the Rainbow Family Services Lactation Consultant, Breastfeeding Mamas!	250-426-0299
Occupational Therapist	250-420-2298	Paq'mi Nuq'yuk- Aboriginal Early Years Program #1007 Baker St.	250-489-4563
Physiotherapist	250-420-2298	Pivot Point Family Growth Centre Inc. #216 1212 2nd St N	250-421-1419
		Poison Control	1-800-567-8911

The Cranbrook Early Years Committee would like to thank the following community partners for their support:

