

# ABBOTSFORD CHILD CARE RESOURCE & REFERRAL PROGRAM



## TRAINING CALENDAR September - December 2018

- 20 Hour Responsible Adult Course
- Connection & Separation: Building a Child's Ability to Separate
- How to Talk to Parents About Their Child's Behaviour
- Emergency Child Care First Aid
- Ready for Kindergarten? What Kids Need to Succeed!
- Collaboration Time: AKA Circle Time
- Emergency Preparedness for Child Care Providers
- Cultivating Connections Between Children and Natural Places
- Messy Art & Inviting Sensory Experiences for Infants and Toddlers

## PLEASE NOTE:

- **Training certificates** will be issued at the end of the workshop. To receive a certificate you must arrive on time, participate, and stay for the entire session.
- **Late arrivals** of more than 15 minutes will not be admitted to workshops.
- **Children** - Unfortunately, we are unable to accommodate children during a workshop. Please make alternate arrangements.
- **Registration** - Prepayment is required for all workshops. Credit card payment can be taken over the phone. Debit, cash, or cheque payments are taken in office.
- **Methods of payment** - Credit (Visa or MasterCard), debit, cash, or cheque (payable to Abbotsford Community Services).
- **Workshop cancellations (regular workshops)** - Registrants can cancel up until two full business days prior to the scheduled workshop date. Cancellations received before the deadline will be given a workshop credit (not a refund) to be used towards future workshops at Abbotsford CCRR. Workshop credits are valid for one year from the date of issue. Due to unforeseen circumstances, workshops may be subject to change or cancellation, in this case we would issue a refund.
- **Course cancellations (First Aid and Responsible Adult)** - Registrants must cancel one week (5 business days) prior to the course/class start date in order to receive a refund. The original receipt must be provided prior to refund.

**Phone:**

604-850-7934

**Email:**

[crr@abbotsfordcommunityservices.com](mailto:crr@abbotsfordcommunityservices.com)

**Office Hours:**

Monday to Friday  
8:30 am - 4:30 pm

**CCRR Office:**

#105-32885 Ventura Avenue  
Abbotsford, BC, V2S 6A3

**Cost:**

\$10 Members  
\$15 Non-members

**Website:**

[www.abbotsfordccrr.ca](http://www.abbotsfordccrr.ca)

## 20 HOUR RESPONSIBLE ADULT COURSE SEPTEMBER 2018

### Description:

This course was developed to meet the requirements for 20 hours of training for “Responsible Adult” as stipulated by Child Care Licensing Regulation. Through interactive sessions, it covers basic concepts about child development from birth to 12 years of age, child guidance, health, safety, nutrition and programming. Participants must be at least 19 years old to register, attend all sessions, and pass all open book quizzes with a satisfactory mark in order to receive a certificate of completion. The workbook is included in the course fee. This is a non-credit course (cannot be applied towards the completion of a degree).

### Dates & Times:

- Monday Classes: September 10th, 17th, 24th, & October 1st  
6:00 - 9:00 pm
- Saturday Class: September 22nd  
8:30 am - 4:30 pm



**Cost:** \$175 for community or \$90 for new Abbotsford CCRR RLNR's  
**Location:** CCRR Office #105-32885 Ventura Avenue, Abbotsford  
**Registration:** Credit card payment can be taken over the phone.  
Debit, cash, or cheque payments are taken in office.

## CONNECTION & SEPARATION: BUILDING A CHILD'S CAPACITY TO SEPARATE

The workshop content is focused towards developing a foundational understanding of what happens inside our little people when they are facing separation from a parent/caregiver. We discuss, not only the attachment system, but also the alarm system (anxiety) and strategies for both parents, caregivers and care providers on how to separate with ease. The major tenets of Connection & Separation will enable care providers to respond effectively to the attachment needs of the children coming into their care, and ultimately, provide a comforting, nurturing environment for these children to be received into.

**Presenter:** Shannon McGeehan has 22 years in the field of child and family development, as well as a Masters of Education in Counselling Psychology. Throughout her two decades at MCFD, Shannon gained invaluable experience working closely with children, youth and parents. Shannon has considerable experience working with school systems, government, family systems, community partners and non-profit agencies, all from an integrated approach.



**Date:** Wednesday, September 12th, 2018

**Time:** 6:30 pm - 8:30 pm

**Cost:** \$10 members, \$15 non-members

**Location:** CCRR Office

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## HOW TO TALK TO PARENTS ABOUT THEIR CHILD'S BEHAVIOUR

This presentation is intended to emphasize the current information on recommended practices for working with families. It includes a brief review of the parental and professional roles, and review of promising Family Centered Practice. It also provides strategies on "how to" talk to parents regarding their child's behaviour in a friendly but informative way that will enhance parent-professional interactions, and prompt parents participation in their child's early education and development. The importance of, and strategies for collaborative communication and partnership with a family are also presented.

**Presenter:** Malgosia Tomanik, M.Ed., is a Family Consultant who specializes in supporting children from preschool to high school along with their parents/caregivers. Malgosia has experience addressing concerns associated with the daily challenges of caring for a child/youth who requires support, helping to make sense of difficult behavior and supporting the big people for each child. Malgosia also works as an FASD Key Worker with the Fraser Valley Child Development Centre. Her educational experiences include a Certificate in Mental Health and Developmental Disabilities; a Certificate in Addressing Challenging Behaviours; FASD Training provided by the MCFD, BC, and a Master's Degree in Education, University of Szczecin, Poland.

**Date:** Wednesday, September 26th, 2018

**Time:** 6:30 pm - 9:00 pm

**Cost:** \$10 members, \$15 non-members

**Location:** CCRR Office

## EMERGENCY CHILD CARE FIRST AID/CPR LEVEL B

This 8-hour course includes obstructed airway procedures, breathing emergencies and CPR for babies, children and youth. The course also includes basic first aid for common injuries such as bleeding, burns, falls, fractures, poisons and some medical conditions etc. There is also a section on child safety.

The Emergency Child Care First Aid course is recommended for child care workers and anyone living with children. This course also includes certification in Automated External Defibrillation (AED) use.

\*This course is offered twice per year at Abbotsford CCRR.

**Instructor:** Karen Clark as the owner and operator of The Vital Link, has been teaching Red Cross First Aid and CPR courses for over 20 years. She has taught locally, provincially, nationally and internationally. Karen's background and certification in ECE has made her very sought after in this field.



**Date:** Saturday, September 29th, 2018

**Time:** 9:00 am - 6:00 pm

**Cost:** \$90

**Location:** CCRR Office

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## READY FOR KINDERGARTEN? WHAT KIDS NEED TO SUCCEED!

It is a great idea to think about the readiness skills young learners will need to succeed in school. Teaching academics before Kindergarten is not always advisable and is not always helpful for students who need foundation skills that will allow them to do well in the school setting. We will review some of the developmental prerequisites for school success and how you can build these into your child's day. We will also review the development of pencil grasp and cutting skills and how to facilitate these areas. Red Flags might alert you that there are issues in development that need to be supported. We will discuss these red flags as well as what strategies might be helpful.

**Presenter:** Marc Landry has worked as an occupational therapist for 30 years and has a private practice in Hawaii and to some degree in B.C. Marc most recently worked for Vancouver Coastal Health providing Occupational Therapy for children in Vancouver schools. Marc has always worked with children, in a variety of settings including public schools, preschools, families' homes, daycares, and institutions. Much of this experience was with children with autism and sensory processing disorders. Marc has also worked to educate OT's, parents, caregivers, and other professionals.

**Date:** Monday October 15th, 2018

**Time:** 6:30 pm - 9:00 pm

**Cost:** \$10 members, \$15 non-members

**Location:** CCRR Office



## COLLABORATION TIME: AKA CIRCLE TIME

During this workshop, the participants will explore various ways of using "Circle or Group" time to collaborate, share and focus on the individual and group needs of the children. Gone are the days where we used calendars and talked only about the weather. Social interactions, having a point of view and being a part of a community where we all are heard, will be shared during this hands-on and engaging workshop.

**Presenter:** Paula Milbradt, has for the last 25 years, served children, family, community and professionals. Paula supports educators who work as preschool teachers with the City of Surrey. She along with her colleague implemented responsive curriculum. Paula was responsible for outdoor play spaces and curriculum planning that strengthens healthy child development. Paula has presented to numerous groups inclusive of CHOM, various CCRR groups, YMCA parent groups and several conferences.



**Date:** Saturday, October 27th, 2018

**Time:** 9:30 am - 1:30 pm

**Cost:** \$10 members, \$15 non-members

**Location:** CCRR Office

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## EMERGENCY PREPAREDNESS FOR CHILD CARE PROVIDERS

This workshop invites participants to review their personal and work site emergency preparedness plans and equipment to respond to critical incidents and natural disasters. There will be practical examples and scenarios to explore creative solutions for helping "kids cope" in emergencies. An introduction into the need for child care practitioners to assess and address the psychosocial responses and impacts children experience when exposed to trauma.

**Presenter:** Carolyn Sinclair is Executive Director for Police Victim Services of BC & BC Crime Prevention Association. She is the Emergency Support Services (ESS) Director for the New Westminster Police Department and the Provincial Lead for the Mobil-Response Team (MRT) responding to the Health Crisis and Provincial Lead Alternate for the BC Disaster Psychosocial Services (DPS) Team. Carolyn is also the President of Strategic Business Risks International Inc. (SBRI) who delivers investigation, emergency management and educational solutions to public and private organizations and institutions. She has over 25 years of operational and practical experience in the areas of emergency management and is an instructor at the Justice Institute of BC in the Emergency Management Division and the Center for Conflict Resolution.

**Date:** Tuesday, November 6th, 2018

**Time:** 6:30 pm - 9:00 pm

**Cost:** \$10 members, \$15 non-members

**Location:** CCRR Office

## CULTIVATING CONNECTIONS BETWEEN CHILDREN AND NATURAL PLACES

An introduction to the practice and philosophy of "Forest and Nature School". Deepened with an outdoor risk assessment, as well as practical methods and activities you will be able to bring nature connections to your centre.

**Presenter:** Cara Agro is passionate about providing children with an opportunity to feel capable, confident and curious in the outdoors and hopes to help foster a sense of wonder and respect for our natural environment. She believes that nature is our best teacher and that children deserve ample time to play and learn from the outdoors. Cara has a B.A. in English and Cultural Studies from McMaster University and completed the Early Childhood Care and Education program at Vancouver Community College. She has worked in preschools and in private child care.



**Date:** Saturday, November 17th, 2018

**Time:** 9:30 am - 1:30 pm

**Cost:** \$10 members, \$15 non-members

**Location:** CCRR Office

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## 2 PART WORKSHOP: MESSY ART & INVITING SENSORY EXPERIENCES FOR INFANTS AND TODDLERS

### **MESSY ART:**

Celebrate creativity by exposing children to a variety of mediums, tools and materials through open-ended art activities. Learn how to provide children with experiences that support inclusion and a diversity of developmental needs. This can all be possible through hands-on art situations. Discover the important role that documentation and display play in our programs for children and families, when showcasing art experiences.

### **INVITING SENSORY EXPERIENCES FOR INFANTS AND TODDLERS:**

Creating diverse sensory experiences for infants and toddlers is an important part of any program's curriculum. Discover new, unique, eye-catching sensory situations that promote language and social development. Learn techniques to assist young children in exploring tactile learning opportunities.

**Presenter:** Julie Hansen is an Early Childhood Educator, Consultant and Author. Since the year 2000, she has gained experience in a variety of areas within the field of Early Childhood Education: director of a preschool, supervisor of after-school care, 3-5 care, and infant toddler programs. Julie's primary focus has evolved to encompass program development and team management. She has had articles published in provincial and national ECE journals on the topic of emergent curriculum and leadership. As an Early Childhood Educator her goal is to provide high quality early learning experiences for children and families.

**Date:** Saturday, December 8th, 2018

**Time:** 9:00 am - 12:00 pm

**Cost:** \$10 members, \$15 non-members

**Location:** CCRR Office

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Training Calendar  
September - December 2018  
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